


SEPTEMBER | 2021



Benjamin Rush Middle School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Warm Donut Holes Fruit Juice Milk	31 Mini Waffles Syrup Fruit Juice Milk	1 Bacon Egg & Cheese Biscuit Juice Fruit Milk	2 Egg & Cheese Croissant Fruit Juice Milk	3 Cinnamon Roll Fruit Juice Milk
6 	7 French Toast Smokey Syrup Fruit Juice Milk	8 Sausage Biscuit Fruit Juice Milk	9 Cheese Omelet Toast Fruit Juice Milk	10 Sausage Gravy & Biscuit Fruit Juice Milk
13 Warm Donut Holes Fruit Juice Milk	14 Mini Pancakes Syrup Fruit Juice Milk	15 Bacon Egg & Cheese Biscuit Juice Fruit Milk	16 Egg & Cheese Croissant Fruit Juice Milk	17 Cinnamon Roll Fruit Juice Milk
20 Warm Donut Fruit Juice Milk	21 Honey Bun Fruit Juice Milk	22 Sausage Biscuit Fruit Juice Milk	23 Cheese Omelet Toast Fruit Juice Milk	24 Sausage Gravy & Biscuit Fruit Juice Milk
27 Warm Donut Holes Fruit Juice Milk	28 Mini Waffles Syrup Fruit Juice Milk	29 Bacon Egg & Cheese Biscuit Juice Fruit Milk	30 Egg & Cheese Croissant Fruit Juice Milk	1 Cinnamon Roll Fruit Juice Milk

**Breakfast will be served
in the Gym for 8th graders
and
in the cafeteria for the 7th
graders.**

**Breakfast is FREE
to all students.**

Adult Breakfast \$2.70
Extra Milk \$0.60

Daily Options
Main Line

**Menu is Subject to
change Without
Notice**

This institute is an
equal opportunity
provider

SEPTEMBER | 2021

Benjamin Rush Middle School Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30 Beefy Soft Tacos Refried Beans Corn Fruit Milk	31 Spaghetti W/Meat sauce Garlic Toast Salad W/Dressing Fruit Milk	1 Bosco Sticks W/Marinara Cooked Carrots Dirt Pudding Fruit Milk	2 Country Fried Steak Mashed Potatoes Green Beans Roll Fruit Milk	3 Breaded Chicken Sandwich W/pickle Steamed Broccoli Fruit Milk
6 	7 Popcorn Chicken Baked Potato Broccoli Fruit Milk	8 Stuffed Crust Pizza W/Marinara Fresh Salad & Carrots W/Ranch Dressing Mini Rice Krispie Treat Fruit & Milk	9 Salisbury Steak Mashed Potatoes Green Beans Roll Fruit Milk	10 Cheeseburger French Fries Baked Beans Fruit Milk
13 Chicken Alfredo Romaine Salad w/dressing Garlic Bread Fruit Milk	14 French Bread Pizza Fresh Carrots Corn Fruit Milk	15 Chicken Tenders Steamed Broccoli Biscuit Fruit Milk	16 Chicken & Noodles Mashed Potatoes Green Beans Roll Fruit Milk	17 Hot Dog W/Coney Sauce Baked Beans Baked Chips Fruit Milk
20 Chicken Nuggets Mac & Cheese Green Beans Fruit Milk	21 Beefy Nachos Refried Beans Corn Fruit Milk	22 Pizza Sticks Marinara Fresh Carrots W/Ranch Pudding Fruit Milk	23 French Toast Hash Brown Smokey Link Juice Fruit Milk	24 Breaded Tenderloin Sandwich Broccoli Seasoned Potato Wedges Fruit Milk
27 Beefy Soft Tacos Refried Beans Corn Fruit Milk	28 Spaghetti W/Meat sauce Garlic Toast Salad W/Dressing Fruit Milk	29 Bosco Sticks W/Marinara Cooked Carrots Dirt Pudding Fruit Milk	30 Country Fried Steak Mashed Potatoes Green Beans Roll Fruit Milk	1 Breaded Chicken Sandwich W/pickle Steamed Broccoli Fruit Milk

Lunch
 is **FREE** to all Students
 for the 21/22 School Year

Daily Options
 Main Line (line A)
 or
 Pizza/PBJ/Salad
 (line B)

Adult Lunch \$4.75
 Extra Milk \$0.60

Menu is Subject to
Change without
Notice

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