

SEPTEMBER | 2023

RCHS BREAKFAST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1 EGG/CHEESE CROISSANT FRUIT JUICE MILK
4 WARM DONUT HOLES FRUIT JUICE MILK	5 CEREAL FRUIT JUICE MILK	6 BACON/EGG/CHEESE BISCUIT FRUIT JUICE MILK	7 CHEESE OMELET FRUIT JUICE MILK	8 BISCUITS & GRAVY FRUIT JUICE MILK
11 WARM DONUT FRUIT JUICE MILK	12 FRENCH TOAST SMOKEY FRUIT JUICE MILK	13 SAUSAGE BISCUIT FRUIT JUICE MILK	14 SCRAMBLED EGGS TOAST FRUIT JUICE MILK	15 CINNAMOM ROLL FRUIT JUICE MILK
18 WARM DONUT HOLES FRUIT JUICE MILK	19 MINI PANCAKES FRUIT JUICE MILK	20 BREAKFAST PIZZA FRUIT JUICE MILK	21 DUNKIN STICKS FRUIT JUICE MILK	22 BREAKFAST BURRITO FRUIT JUICE MILK
25 GRAB-N-GO FRUIT JUICE MILK	26 HONEY BUN FRUIT JUICE MILK	27 BREAKFAST BAGEL FRUIT JUICE MILK	28 WAFFLES FRUIT JUICE MILK	29 EGG/CHEESE CROISSANT FRUIT JUICE MILK

News
 DAILY OPTIONS
 CEREAL
 CEREAL BARS
 POP-TARTS
 PARFAITS

STUDENTS \$1.75
 RDEUCED \$.30

MENU IS SUBJECT
 TO CHANGE
 WITHOUT NOTICE

THIS IS AN EQUAL
 OPPURTUNITY
 EMPLOYER

SEPTEMBER | 2023

RCHS LUNCH MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	31	1
				CONEY DOG BAKED BEANS BAKED CHIPS FRUIT MILK
4	5	6	7	8
BOSCO STICKS MARINARA COOKED CARROTS FRUIT MILK	BAKED PASTA GARLIC TOAST TOSSED SALAD FRUIT MILK	GENERAL TSO CHICKEN RICE EGG ROLL FRUIT MILK	TURKEY/HAM/SUBS BAKED CHIPS BROCCOLI/CAULIFLOWER FRUIT MILK	PIZZA BURGER FRESH CARROTS/RANCH CALIFORNIA BLEND FRUIT MILK
11	12	13	14	15
MAX STICKS MARINARA BROCCOLI FRUIT MILK	BEEF NACHOS LETTUCE/CHEESE REFRIED BEANS CORN FRUIT MILK	CHICKEN NUGGETS MAC & CHEESE PEAS FRUIT MILK	FRENCH TOAST HASH BROWN SMOKEY LINK FRUIT JUICE MILK	TENDERLOIN SANDWICH W/TOPPINGS FRIES FRUIT MILK
18	19	20	21	22
CORN DOGS BAKED BEANS BAKED CHIPS FRUIT MILK	SPAGHETTI GARLIC TOAST TOSSED SALAD FRUIT MILK	FRENCH BREAD PIZZA FRESH CARROTS / DIP CORN FRUIT MILK	COUNTRY FRIED STEAK MASHED POTATOES GREEN BEANS ROLL FRUIT MILK	BREADED CHICKEN SANDWICH W/TOPPINGS FRENCH FRIES MIXED VEGETABLES FRUIT MILK
25	26	27	28	29
POPCORN CHICKEN BAKES POTATO BROCCOLI FRUIT MILK	CHICKEN QUESO TOSTITOS/SALSA RICE CORN FRUIT MILK	STUFFED CRUST PIZZA MARINARA TOSSED SALAD CARROTS FRUIT MILK	SALISBURY STEAK MASHED POTATOES GREEN BEANS ROLL FRUIT MILK	CHEESEBURGER FRENCH FRIES BAKED BEANS FRUIT MILK

News
DAILY OPTIONS

MAIN LINE
PB&J
PIZZA
SALAD

MENU IS SUBJECT
TO CHANGE
WITHOUT NOTICE

STUDENT LUNCHES
\$2.50

ADULT LUNCHES
\$4.75

THIS IS AN EQUAL
OPPORTUNITY
PROVIDER