



# DECEMBER | 2022

## RCHS LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1 SALISBURY STEAK/ROLL MASHED POTATOES GREEN BEANS FRUIT MILK	2 TENDERLOIN SANDWICH SANDWICH TOPPINGS FRIES FRUIT MILK
5 BEEF SOFT TACO SHREDDED LETTUCE REFRIED BEANS FRUIT MILK	6 TOMATO SOUP GRILLED CHEESE SANDWICH CELERY/CARROT STICKS FRUIT MILK	7 STUFFED CRUST PIZZA MARINARA SAUCE TOSSED ROMAINE SALAD FRUIT MILK	8 CHICKEN TENDERS/BISCUIT BAKED POTATO STEAMED BROCCOLI FRUIT MILK	9 CHEESEBURGERS SANDWICH TOPPINGS FRIES FRUIT MILK
12 BUFFALO CHICKEN NACHO'S BLACK BEANS SHREDDED LETTUCE FRUIT MILK	13 SPAGHETTI/MEATBALLS GARLIC TOAST TOSSED ROMAINE SALAD COOKED CARROTS FRUIT MILK	14 JALEPENO BITES DIPPING SAUCE CORN FRUIT COOKIE MILK	15 COUNTRY FRIED STEAK/ROLL MASHED POTATOES GREEN BEANS FRUIT MILK	16 BBQ SANDWICH MAC/CHEESE STEAMED BROCCOLI FRUIT MILK
19 CORN DOG BAKED BEANS CORN FRUIT MILK	20 CHICKEN PARMESAN GARLIC BREADSTICK CALIFORNIA BLEND PUDDING FRUIT MILK	21 PIZZA TOSSED ROMAINE SALAD CARROTS FRUIT MILK	22 CHRISTMAS BREAK	23 CHRISTMAS BREAK
26 CHRISTMAS BREAK	27 CHRISTMAS BREAK	28 CHRISTMAS BREAK	29 CHRISTMAS BREAK	30 CHRISTMAS BREAK

### News

DAILY OPTIONS  
MAIN LINE  
SALAD BAR  
PIZZA  
DELI SANDWICH  
PBJ (when available)

**MENU IS SUBJECT  
TO CHANGE  
WITHOUT NOTICE**

Student Lunch \$2.50  
Adult Lunch \$4.75

This is an equal  
Opportunity Provider



# DECEMBER | 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

