

NOVEMBER | 2021



RCHS Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1</p> <p>DONUT FRUIT JUICE MILK</p>	<p>2</p> <p>SCRAMBLED EGGS TOAST FRUIT JUICE MILK</p>	<p>3</p> <p>BREAKFAST PIZZA FRUIT JUICE MILK</p>	<p>4</p> <p>EGG/CHEESE CROISSANT FRUIT JUICE MILK</p>	<p>5</p> <p>SAUSAGE GRAVY/BISCUIT FRUIT JUICE MILK</p>
<p>8</p> <p>DONUT HOLES FRUIT JUICE MILK</p>	<p>9</p> <p>BACON/EGG/CHEESE BISCUIT FRUIT JUICE MILK</p>	<p>10</p> <p>FRENCH TOAST SAUSAGE FRUIT JUICE MILK</p>	<p>11</p> <p>CHEESE OMELET ENGLISH MUFFIN FRUIT JUICE MILK</p>	<p>12</p> <p>CINNAMON ROLL FRUIT JUICE MILK</p>
<p>15</p> <p>HONEY BUN FRUIT JUICE MILK</p>	<p>16</p> <p>SCRAMBLED EGGS TOAST FRUIT JUICE MILK</p>	<p>17</p> <p>BREAKFAST PIZZA FRUIT JUICE MILK</p>	<p>18</p> <p>FRENCH TOAST SAUSAGE FRUIT JUICE MILK</p>	<p>19</p> <p>SAUSAGE GRAVY/BISCUIT FRUIT JUICE MILK</p>
<p>22</p> <p>DONUT FRUIT JUICE MILK</p>	<p>23</p> <p>SAUSAGE BISCUIT FRUIT JUICE MILK</p>	<p>24</p> <p>THANKSGIVING BREAK</p>	<p>25</p> <p>THANKSGIVING BREAK</p>	<p>26</p> <p>THANKSGIVING BREAK</p>
<p>29</p> <p>DONUT HOLES FRUIT JUICE MILK</p>	<p>30</p> <p>CHEESE OMELET ENGLISH MUFFIN FRUIT JUICE MILK</p>	<p>1</p> <p>FRENCH TOAST SAUSAGE FRUIT JUICE MILK</p>	<p>2</p> <p>EGGS/TOAST FRUIT JUICE MILK</p>	<p>3</p> <p>SAUSAGE GRAVY/BISCUIT FRUIT JUICE MILK</p>

News

BREAKFAST IS
FREE TO ALL
STUDENTS

DAILY OPTIONS
Main Line
Cereal 2oz. each
Poptart

**MENU IS SUBJECT
TO CHANGE
WITHOUT NOTICE**

**This is an Equal
Opportunity
Provide**

NOVEMBER | 2021



RCHS LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 CORN DOG BAKED BEANS BAKED CHIPS FRUIT	2 CHEESE STICKS MARINARA SAUCE TOSSED ROMAINE SALAD FRUIT	3 TOMATO SOUP GRILLED CHEESE CARROTS/DIP FRUIT	4 CHICKEN/NOODLES/ROLL MASHED POTATOES GREEN BEANS FRUIT	5 CHEESEBURGERS FRIES LETTUCE FRUIT
8 BEEF SOFT TACO SHREDDED LETTUCE REFRIED BEANS FRUIT	9 CHICKEN WINGS/BISCUIT BAKED POTATO PEAS/CARROTS FRUIT	10 STUFFED CRUST PIZZA TOSSED SALAD FRUIT MARINARA SAUCE	11 SALISBURY STEAK/ROLL MASHED POTATOES MIXED VEGETABLES FRUIT	12 LIONS RIBS WAFFLE FRIES COLE SLAW FRUIT
15 CHICKEN PARMESAN SANDWICH CALIFORNIA BLEND VEGETABLES FRUIT	16 BAKED PASTA GARLIC TOAST TOSSED ROMAINE SALAD FRUIT	17 CHILI CHEESE DOGS FRIES FRUIT	18 TURKEY MANHATTAN MASHED POTATOES GREEN BEANS FRUIT PUMPKIN BAR	19 NACHO'S DELUXE REFRIED BEANS SHREDDED LETTUCE FRUIT
22 MEATBALL SUBS COOKED CARROTS FRUIT COOKIE	23 CHICKEN SOFT TACO SHREDDED LETTUCE CORN FRUIT	24 THANKSGIVING BREAK	25 THANKSGIVING BREAK	26 THANKSGIVING BREAK
29 QUESADILLA BLACK BEANS CORN FRUIT	30 CHICKEN STRIPS/BISCUIT AUGRATIN POTATOES STEAMED BROCCOLI FRUIT	1 TURKEY/HAM/SUB BAKED CHIPS BROCCOLI/CAULIFLOWER/DIP FRUIT	2 COUNTRY FRIED STEAK/ROLL MASHED POTATOES PEAS FRUIT	3 FRENCH BREAD PIZZA TOSSED SALAD CARROTS/DIP FRUIT

News

DAILY OPTIONS

MAIN LINE
 CHEESE PIZZA
 PBJ 5.3 OZ.
 SOUP/SALAD BAR
 DELI SANDWICH

WEDNESDAY
 BAKED POTATOES

ADULT LUNCH \$4.75
 EXTRA MILK \$0.60

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