

# MAY | 2022

## RCHS BREAKFAST MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>2</b></p> <p>DONUT FRUIT JUICE MILK</p>	<p><b>3</b></p> <p>SAUSAGE/EGG/CHEESE BISCUIT FRUIT JUICE MILK</p>	<p><b>4</b></p> <p>BREAKFAST PIZZA FRUIT JUICE MILK</p>	<p><b>5</b></p> <p>EGG OMELET TOAST FRUIT JUICE MILK</p>	<p><b>6</b></p> <p>SAUSAGE GRAVY BISCUIT FRUIT JUICE MILK</p>
<p><b>9</b></p> <p>FRENCH TOAST SAUSAGE FRUIT JUICE MILK</p>	<p><b>10</b></p> <p>BACON/EGG/CHEESE BISCUIT FRUIT JUICE MILK</p>	<p><b>11</b></p> <p>CHOICE OF CEREAL FRUIT JUICE MILK</p>	<p><b>12</b></p> <p>SCRAMBLED EGGS MUFFIN FRUIT JUICE MILK</p>	<p><b>13</b></p> <p>CINNAMON ROLL FRUIT JUICE MILK</p>
<p><b>16</b></p> <p>COOK'S CHOICE FRUIT JUICE MILK</p>	<p><b>17</b></p> <p>COOK'S CHOICE FRUIT JUICE MILK</p>	<p><b>18</b></p> <p>COOK'S CHOICE FRUIT JUICE MILK</p>	<p><b>19</b></p> <p>COOK'S CHOICE FRUIT JUICE MILK</p>	<p><b>20</b></p> <p>COOK'S CHOICE FRUIT JUICE MILK</p>
<p><b>23</b></p> <p>COOK'S CHOICE FRUIT JUICE MILK</p>	<p><b>24</b></p>	<p><b>25</b></p>	<p><b>26</b></p>	<p><b>27</b></p>
<p><b>30</b></p>	<p><b>31</b></p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>

**News**  
BREAKFAST IS

FREE TO ALL

STUDENTS

DAILY OPTIONS  
MAIN LINE  
CREAL 2 OZ.  
POPARTS  
MUFFINS

PARFAITS WILL BE  
AVAILABLE ON  
TUESDAYS AND  
THURSDAYS.

**MENU IS SUBJECT  
TO CHANGE  
WITHOUT NOTICE**

**This is an equal  
Opportunity  
Provider**

# MAY | 2022

## RCHS LUNCH MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>2</b></p> <p>CHILI CHEESE DOG BAKED BEANS CORN FRUIT MILK</p>	<p><b>3</b></p> <p>GENERAL TSO'S CHICKEN RICE STEAMED BROCCOLI FRUIT MILK</p>	<p><b>4</b></p> <p>CHEESE PIZZA TOSSED ROMAINE SALAD CARROTS/DIP FRUIT MILK</p>	<p><b>5</b></p> <p>CHICKEN TENDERS/ROLL AUGRATIN POTATOES MIXED VEGETABLES FRUIT MILK</p>	<p><b>6</b></p> <p>CHEESEBURGERS FRIES SANDWICH TOPPINGS FRUIT COOKIE MILK</p>
<p><b>9</b></p> <p>CHICKEN SOFT TACO SHREDDED LETTUCE REFRIED BEANS FRUIT MILK</p>	<p><b>10</b></p> <p>SPAGHETTI BREADSTICK STEAMED BROCCOLI FROZEN FRUIT CUP FRUIT MILK</p>	<p><b>11</b></p> <p>CHEESE STICKS MARINARA SAUCE TOSSED ROMAINE SALAD CARROTS/DIP FRUIT MILK</p>	<p><b>12</b></p> <p>SALISBURY STEAK/ROLL MASHED POTATOES GREEN BEANS FRUIT MILK</p>	<p><b>13</b></p> <p>SMOKEY RIBLET SANDWICH COLE SLAW FRIES FRUIT MILK</p>
<p><b>16</b></p> <p>COOKS CHOICE CHICKEN DAY STEAMED BROCCOLI ROLL FRUIT MILK</p>	<p><b>17</b></p> <p>COOKS CHOICE PASTA DAY TOSSED ROMAINE SALAD COOKED CARROTS FRUIT MILK</p>	<p><b>18</b></p> <p>COOKS CHOICE MEXICAN DAY SHREDDED LETTUCE CORN FRUIT MILK</p>	<p><b>19</b></p> <p>COOKS CHOICE ENTRÉE MASHED POTATOES GREEN BEANS FRUIT MILK</p>	<p><b>20</b></p> <p>COOKS CHOICE SANDWICH DAY POTATOES BAKED BEANS FRUIT MILK</p>
<p><b>23</b></p> <p>PIZZA DAY TOSSED ROMAINE SALAD CARROTS/DIP FRUIT COOKIE MILK</p>	<p><b>24</b></p>	<p><b>25</b></p>	<p><b>26</b></p>	<p><b>27</b></p>
<p><b>30</b></p>	<p><b>31</b></p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>

### News

DAILY OPTIONS  
MAIN LINE  
CHEESE PIZZA  
PBJ (when available)  
SALAD BAR

**ADULT MEAL \$4.75**  
**EXTRA MILK \$0.60**

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